



## ONERO CLASS TIMETABLE

	Mon	Tues	Wed	Thurs	Fri	Sat
<b>8AM</b>	<b>ONERO</b> Jes		<b>ONERO</b> Sam		<b>ONERO</b> Sam	
<b>9AM</b>	<b>ONERO</b> Sam	<b>ONERO</b> Jono	<b>ONERO</b> Lily	<b>ONERO</b> Ben	<b>ONERO</b> Lily	
<b>10AM</b>	<b>ONERO</b> Richard	<b>ONERO</b> Ben	<b>ONERO</b> Richard	<b>ONERO</b> Richard	<b>ONERO</b> Richard	<b>ONERO</b> Shared roster
<b>11AM</b>			<b>Technique Class</b> Lily		<b>Technique Class</b> Lily	
<b>1PM</b>	<b>Technique Class</b> Lily					
<b>3PM</b>				<b>Technique Class</b> Lily		
<b>5:20PM</b>	<b>ONERO</b> Jono	<b>ONERO</b> Sam	<b>ONERO</b> Ben	<b>ONERO</b> Sam	<b>ONERO</b> Jono	
<b>6:40PM</b>		<b>Technique Class</b> Lily				

We request participants bring their own towels, water bottles and allow sufficient time for cleaning of equipment on use.

Subject To Change from time to time  
Practitioner subject to change without warning due to availability.  
We will endeavour to keep current at [www.reload.physio/classtimetable](http://www.reload.physio/classtimetable)